

THE ATHENANZ

December 2023



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Kia ora,

2023 has certainly not disappointed with all the major events and the rapid changes in everything from AI to Geopolitics.

Reflecting on the last 12 months topics which seem to have resonated with leaders included: the seemingly ever increasing pace of change, local and global uncertainty across many areas, changing employee expectations post-pandemic, flip flopping back and forth on WFH, and a general feeling of fatigue. Hopefully 2024 will be a better place for the world.

A couple of years ago I set myself the challenge to read more, which has gone ok, not great, but better than in the past.

This year 4 books have really resonated me:

- [Secrets of the Sprakkar](#) - fascinating insights from the First Lady of Iceland.
- [Essentialism](#) - the pursuit of less by Greg McKeown.
- [Head, Hand, Heart](#) - the struggle for society in C21st, summed up in one word, fascinating.
- [Has China Won?](#) - fascinating insight to USA/China relations.

My stand out video for the year was from the Khan Academy, [How AI Could Save \(Not Destroy\) Education](#) TED video May 2023.

As in previous years the following pages are links to the most popular LinkedIn articles that I have posted this year.

A moment of fatherly pride. The stand out article by mile, of all my posts, was Verity's article in stuff: [Christopher Luxon is the rebound boyfriend](#)

I hope the following pages are of interest.

Take care, enjoy Christmas and the summer break.

Chris





BOARDS & DIRECTORS

[Choosing a New Board Leader: Eight Questions](#)

[Rising CEOs: Lessons from the McKinsey Leadership Forum](#)

[Why young workers are putting in so much overtime](#)

[Despite decades of experience, older job seekers struggle to get a foot in the door](#)

[At the Top, It's All about Teamwork](#)





CEO & C-SUITE

[The workers lured into oversold jobs](#)

[Purposeful Work: The Secret Weapon in the New War for Talent](#)

[The toll of layoff anxiety](#)

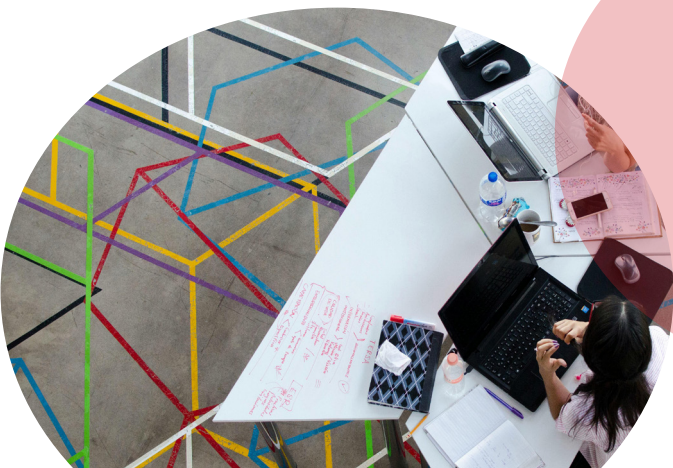
[Teenage CEOs good for society, says Young Enterprise report](#)

[Stop wasting your most precious resource: Middle managers](#)

[Successfully transitioning to new leadership roles](#)

['Before skill set comes mindset': FairPrice CEO on breakthrough leadership](#)

[The CEOs drawing a hard line on return-to-office policies](#)





PERSONAL DEVELOPMENT

[If we're all so busy, why isn't anything getting done?](#)

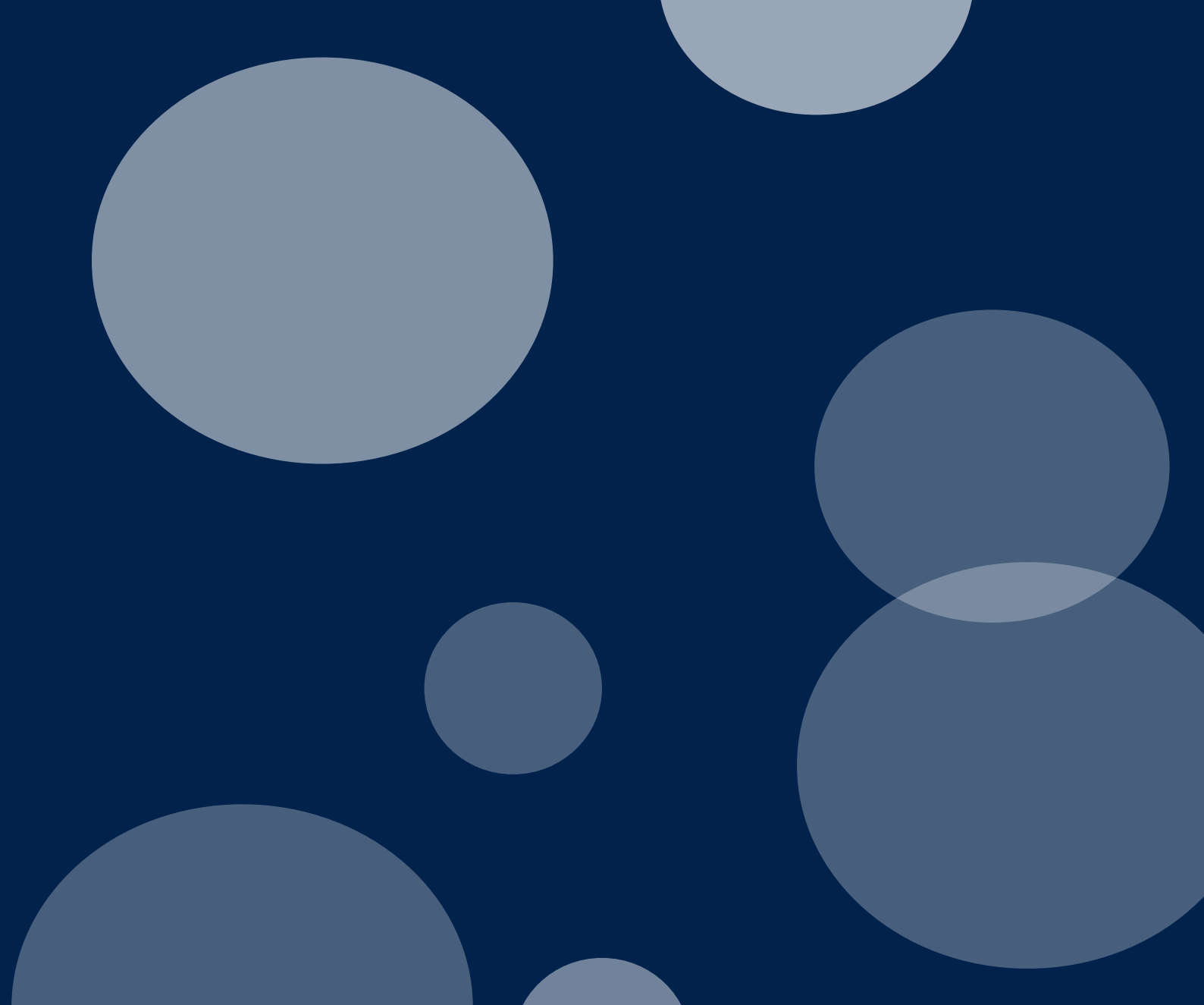
[How I rewired my brain in six weeks](#)

[The science of networking: what sort of contacts are best?](#)

[How to Stop Worrying About What Other People Think of You](#)

[The Puzzling Gap Between How Old You Are And How Old You Think You Are](#)





Chris Johnson, 2023

